

GYM RAT

OCT. 1 - SEPT. 30

Weight House Fitness Center

Earn points when you participate in activities at the Weight House Fitness Center, Gym or MWR Sports fields.

Reach **100 points** and earn your Weight House Fitness Center Gym Rat t-shirt!

The most points **OVER 100** will receive an additional prize!

FREE
Active-duty

\$5
All Others

VISIT NAVYMWRINDIANHEAD.COM

For more information, call 301-744-4661.



STAY
CONNECTED

NSF INDIAN HEAD

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