

INDIAN HEAD RACE SERIES

NSF
INDIAN HEAD

WEIGHT HOUSE FITNESS CENTER

RACE	DATE	TIME
2017 EVENTS		
Navy Birthday Nautical Mile Run (1.15 miles)	Thursday, Oct. 12	11 a.m.
EODemon 5K	Tuesday, Oct. 24	11 a.m.
Turkey Trot 8K	Wednesday, Nov. 15	11 a.m.
Jingle Bell Run 5K	Tuesday, Dec. 12	11 a.m.
2018 EVENTS		
New Year's Fun Run 5K	Tuesday, Jan. 2	11 a.m.
Happy Heart's Partner Run 5K	Tuesday, Feb. 13	11 a.m.
St. Patrick's Day 10K	Thursday, March 15	11 a.m.
SAPR 5K	Tuesday, April 17	11 a.m.
Memorial Day 10K	Thursday, May 24	11 a.m.
Independence Day 5K	Thursday, June 28	7 a.m.
Beat the Heat 5K	Wednesday, July 18	7 a.m.
Sprint Relay Race	Tuesday, Aug. 14	7 a.m.
Labor Day 5K	Tuesday, Sept. 4	11 a.m.
Military Obstacle Run	Friday, Sept. 21	11 a.m.

You'll love this year's variety in themes and course routes!

Participate in six or more runs and earn your race series T-shirt! Additional prizes awarded for fastest average 5K time and most participation in series.

Participants younger than 18 must have a consent form signed by their parent.



FREE Active-duty members | **\$5** Others

For more information call the WHFC at 301-744-4661.

**STAY
CONNECTED**

NAVYMWRINDIANHEAD.COM
@INDIANHEADFFR