

2015

NSF  
INDIAN HEAD

7TH ANNUAL

**Thursday, Oct. 22**

Get your spook on at the haunted course through Stump Neck's creepy woods.

Each runner will be given flags before the run. Watch out for the EODemons on the course! Return in one piece and we will subtract 5 seconds from your time for each remaining flag.

**Race at 11:00 a.m.**

Prizes will be awarded to the fastest two male and female runners.

**Rain Date: Oct. 23, 2015**

Race-day registration will be held at the Stump Neck Fitness Center. Registration begins at 10:30 a.m.

Free for Military; \$5 for all others.

Open to all with base access, 10 years and older.  
Participants younger than 18 must have a consent form signed by their parent.

For more information contact the Weight House Fitness Center (301) 744-4661.

