



HELPING CHILDREN WITH CHANGE

[Department of Defense Education Activity \(DODEA\)](#)

DoDEA operates as a field activity of the Office of the Secretary of Defense (Personnel and Readiness). It is headed by a director who oversees all agency functions from DoDEA headquarters in Alexandria, Virginia. DoDEA's schools are divided into 3 geographic areas: [Europe](#), the [Pacific](#), and the [Americas](#). DODEA operates 161 schools in 9 districts located in 11 foreign countries, 7 states and 2 territories across 10 time zones. The DODEA instructional program provides a comprehensive Prekindergarten (PK) through 12th grade College and Career Ready Curriculum that is dedicated to attaining high student achievement.

[Military One Source](#)

Military OneSource is a free service provided by the Department of Defense to support military members and their families with concerns like money management, spouse employment, education, parenting, relocation, deployment, and family members with special needs. Services are available 24 hours a day, 7 days a week from any location in the world.

[Military One Source Children Youth and Teens](#)

A wonderful resource that reaches out to parents with children and youth helping their children develop healthy coping mechanisms to navigate the changing circumstances of military life, like deployments, moves and new schools.

[Staying Strong](#)

Staying Strong is designed to support the resilience of military-connected children and families through free on-line educational tools and guidance.

[Sesame Street](#)

This site contains a host of multimedia and downloadable resources aimed at supporting military families during times of transition.

[Anchored For Life](#)

A peer-to-peer club to connect youth while building change and resiliency skills. The club provides opportunities for peers to enhance social skills, learn leadership skills, build character, improve self-esteem, and integrate into their community. Youth will learn these change and resiliency skills using the Club features.

The appearance of a website on this page does not imply official endorsement by the DoD; It is merely provided as resource for your convenience and consideration.