Naval Support Activity South Potomac Child & Youth Education Services

### Summer 2021

# SCHOOL LIAISON PROGRAM NEWS

Child and Youth Program

NAVY CYP

# PREVENTING THE SUMMER SLIDE

Summer is here once again! One of our challenges in the summer is how to prevent summer learning loss and keep our children motivated in learning, not to forget previous knowledge and skills. Here are some things you can do to keep the Love of Learning alive in the summer:

- Utilize free available resources such as from your local library, parks and recs, local schools, Tutor.com, etc. During summer months, DOD MWR Libraries around the world hosts a range of activities and events. Register at www.beanstalk.com/dod and let the children enjoy participating in fun activities, while learning at the same time.
- Pick fun and interesting topics and allow your child to read and write in regular basis. Know your child's interests and things she/he enjoys doing and use those to incorporate learning concepts.
- Get your child involved in household activities such as gardening, cooking, taking care of pets, shopping, planning for travels, etc. Teach a learning concept while doing tasks together. If possible, introduce community volunteering.
- Explore outdoor places such as parks, rivers, gardens, etc. Visit your local
- Explore outdoor places such as parts and recs websites for special activities.
- Provide easy access to reading and listening materials during free time and while travelling.
- Create a consistent schedule to allow your child to read, write a story or listen to podcast.
  - Allow time to socialize with friends. ENJOY THE SUMMER WITH FAMILY!

## What is a Child & Youth Behavioral Military Family Life Counselor?

Military & Family Life Counselors (MFLC) funded by Office of Secretary of Defense (OSD) provides a non-medical counseling to military families. MFLC receives specific training to support service members, their families and survivors through the unique challenges of military life. Child & Youth behavioral MFLC is available at schools & at the youth centers to provide services to military children for a variety of issues, including low self-esteem, behavioral problems, social challenges and changes at home. The new MFLC contract will allow providing services to military families inside and outside of the base. Please contact your School Liaison for referral or info.

"Difficult roads often leads to beautiful destinations. The best is yet to come" *Zig Ziglar*  The 3 R's of Burnout: Recognize, Relieve, Recover Thu., June 17, 2021 4:00 PM EDT. Visit tutor.com to register.

### **DID YOU KNOW...**

...that school registrations are open in the summer? Please visit the following websites for registration requirements at your area:

- Dahlgren School -<u>DoDEA Online</u> <u>Registration for Students (DORS)</u> <u>| DoDEA</u>
- Charles County Public Schools-Online Registration (ccboe.com)
- King George Public Schools— <u>New Student Registration - King</u> <u>George County Schools</u> <u>(kgcs.k12.va.us)</u>

.. that Dahlgren MWR Tours and Travel offers discounted tickets? Visit <u>http://bit.ly/</u> DahlgrenDiscountTickets.

",that.NSF Dahlgren and NSF Indian Head are celebrating July 4th with movie showing and other fun activities? Check your installation's MWR website for more info.

... that **Tutor.com** offers tutoring in various subjects such as below subject & is available 24/7?:

**AP® Environmental Science:** Students can get help with classwork and prep for the AP exam. Such as AP Environmental Science! Tutors can help students develop & strengthen their understanding of the science behind natural environments. Tutor.com/military now offers the following subject areas *en español* from **6:00 p.m. – 12:00 midnight EDT**:

• Study Skills / Habilidades Estudiantiles

•Parent Coaching / Entrenamiento Educativo Para Padres

•Live Writing Support / Soporte De Redaccion

## CONGRATULATIONS 2020-21 GRADUATES!

MOVING OR TRANSITIONING WITH SCHOOL-AGE & INTERESTED WITH A SPONSOR? CONTACT YOUR BASE YOUTH CENTER (DL-540-653-8009, IH-301-743-5456)

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