



MARCH 2020 WORKSHOPS

FLEET & FAMILY SUPPORT CENTER



OFFICE HOURS
M-T-Th-F
0730 – 1600
W- 10:30-1600

*Closed Holidays
 & Weekends*

DAHLGREN FFSC
6027 School House Ln.
Dahlgren, VA 22448

PHONE: 540-653-1839

INDIAN HEAD FFSC
(Bldg D-328)
4260 Steve's Way Indian
Head, MD 20640

PHONE: 301-744-4846

*To register for a
 workshop, please
 call FFSC to be
 added to the class
 roster.*



DAHLGREN FFSC CLASSROOM

Monday 2	Transition Assistance Program Information Session for Retirees	0800-1200
Tuesday 3	Marketing Yourself	1300-1400
Wednesday 4	Car Buying	1200-1300
Thursday 5	Capstone	0800-1600
Friday 6	BEAMS: Building Effective Anger Management Skills (session 1)	1300-1500
Tuesday 10	Car Buying	1400-1500
Thursday 12	SAPR POC	0800-1600
Friday 13	Preparing for Deployment	1030-1200
Monday 16	Conflict Management	1400-1500
Friday 20	BEAMS: Building Effective Anger Management Skills (session 2)	1300-1500
Wednesday 25	SAPR Refresher	1200-1600
Friday 27	BEAMS: Building Effective Anger Management Skills (session 3)	1300-1500

INDIAN HEAD FFSC CLASSROOM

Thursday 5	BEAMS: Building Effective Anger Management Skills (session 1)	1300-1500
Tuesday 17	Conflict Management	1400-1500
Thursday 19	BEAMS: Building Effective Anger Management Skills (session 2)	1300-1500
Thursday 26	BEAMS: Building Effective Anger Management Skills (session 3)	1300-1500