DID YOU KNOW...

Department of Defense Education Activity (DODEA) offers virtual courses for military dependents (Grades 9-12) stationed in remote locations? Visit Expanded Eligibility Pilot Program | DoDEA Virtual School | DoDEA for application and information.

Topside Credit Union has FREE money for your school-age students 9-17 years old? Bring their final report cards and get $5 every “A” up to $20.

Comparison of 50 states’ policies in tuition setting, capping and freezing can be found at Education Commission of the State. Most colleges in VA freezes their tuition costs.

School Quality Profiles are a new way to look at the performance of Virginia’s public schools. School Quality Profiles developed by the state Board of Education to effectively communicate to parents and the public about the status and achievements of the Virginia’s public schools. School Quality Profiles are available for all schools, school divisions, and for the state. Check them out at VDOE website!

The Parent Educational Advocacy and Training Center (PEATC) offers a virtual conference for military families on Special Education topics such as Referral Eligibility, How to Talk so Schools will listen (and Listen so Schools will talk), etc? Visit www.PEATC.org or call (800) 869-6782.

Open Houses and Meet and Greet schedule is available at your student’s school website.

EFMP Program has respite care to give caregivers of special needs get a break. Visit Respite Care for Special Needs Families • Military OneSource

Ways to Support your Child’s Academic Needs

Many studies show that what the family does is more important to a child’s school success than material things and other outside influences. The first step helping your child to love learning starting at an early age is through Positive Parent-Child Relationship, the secret in making the child feels good about learning. Together with positive parent-child relationships, here are some of the suggested ways to support learning:

- **Build Parent- Teacher Relationships** – Attend orientation/open houses. Let the teacher know at the first meeting that you are the advocate of your child’s education. Build a method of communication that will work for both. Find out how your child is doing in school in regular basis.

- **Utilize available resources** – Find homework help through tutor.com, DOD Library, Khan Academy, etc. If special education is needed, contact appropriate agency for services. Military One Source is a one-stop-shop for educational counseling, training, and other various resources. Schools provide copies of skill expectations per grade level. Be aware of those skills.

- **Get involved in completing homework** - One of the biggest ways parents can get involved in the academic endeavors of their children is through the nightly homework, which teaches children to work independently and gives parents a glimpse of what the child is learning. It also gives quality one-on-one time with your child. Teach organizational skills and provide comfortable environment.

- **Teach Personal Responsibility** - Students need to learn that their success and failures rest on them alone, that they hold the key to their destiny. Provide the support when needed and be a coach, guiding child to positive outcome. When received a lower grade, ask “How can you make this better next time?” Set up achievable goals.

- **Limit use of Technology** – Technology has been useful as a convenient tool and resource. However, studies have proven that active learning with actual materials enhances child’s cognitive development than passive learning that technology brings. Get children involved with active activities. Outdoor has a lot of them.

- **Help develop rational thinking**- Logical thinking is an important component of succeeding in the real world. They are going to be successful in life, if they learn to look at the world in realistic terms and meet problems head on. Encourage in-person interactions to experience real-life situations.

- **Reach out for support** – Find a person or a resource to help you and your child with learning challenges. Teachers, administrators, Subject-Matter Experts & the School Liaison can be that support.

In all of these suggestions, the role of a positive parent in the academic success of the child is the most significant one! From teaching a good homework habits to dealing with specific issues, your child needs you to be his coach, advocate & fiercest fan throughout his academic career. Be available, mentally & physically present throughout your child’s stages of development! Enjoy the challenges & the fun your child’s learning bring to you and the family!
HELPFUL WEBSITES TO SUPPORT LEARNING

**TUTOR.COM/MILITARY** — a free live, online tutor for active military families and extended to DOD civilians servicing K-12 and college students.

**DOD & NAVY MWR LIBRARIES** — online resources for free e-books, audio books and peer-reviewed articles. The Navy General Library Program provides numerous online databases and books for eligible patrons. Visit [DoD MWR Libraries](https://www.mwr.dmdc.osd.mil/library) to register. Authorized patrons can access test study guides and practice exams online and through a mobile app, including ACT, SAT, writing, mathematics, AP subject exams and more. In addition, core academic, computer and workplace preparation skill centers are available to help learners achieve their personal, life and career goals.

**MILITARY CHILD EDUCATION COALITION (MCEC) SCHOOL QUEST** — SchoolQuest is an interactive tool specially designed to support highly mobile military families and students. The MCEC parent webinars are designed to help military-connected parents as they guide their children through their educational journey. For more information, visit [https://www.militarychild.org/](https://www.militarychild.org/).

**MILITARY ONE SOURCE** — has Education Specialist who can assist with all yours and your children’s educational needs and offers a free confidential one-on-one session. Visit [https://www.militaryonesource.mil/confidential-help/specialty-consultations/education/plan-your-future-with-a-military-onesource-education-consultant](https://www.militaryonesource.mil/confidential-help/specialty-consultations/education/plan-your-future-with-a-military-onesource-education-consultant)

**Khan Academy** ([https://www.khanacademy.org/login](https://www.khanacademy.org/login)) — A non-profit organization, Khan Academy has exercises, videos and articles for students in every grade level. Parents use this site as a tutoring resource. It explains step-by-step procedure solving a problem. Parents and teachers can also use the teacher tools to monitor progress and assign specific work.

**Parent Guides** ([https://www.today.com/parenting-guides](https://www.today.com/parenting-guides)) — TODAY Parenting Guides provide benchmarks and tips for your child’s academic, physical and social emotional growth.

The **Early Learning Matters** is the first early childhood education curriculum developed for DOD’s child development program. The department created this curriculum in collaboration with early childhood experts at Purdue University. The curriculum includes Family Resources to help young children enhance their developmental skills.

**CHARLES COUNTY PUBLIC SCHOOL’S RESOURCE** — Students looking to hone in on their math skills can use the online program IXL ([https://www.ixl.com/](https://www.ixl.com/)) features free content for students in kindergarten through Grade 12. Create a new account to access the resources.

**VA DEPARTMENT OF EDUCATION’S Virtual VA** — in partnership with VA school divisions provides a variety of educational opportunities to K-12 students attending in school and homeschool instructions.

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**Disclaimer:** The Dept. of the Navy does not endorse or promote any products mentioned on this newsletter.

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“*No one ever attains very eminent success by simply doing what is required of him; it is the amount over & above the required that determines greatness.*”  — C. K. Adams

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**ARE YOU TRANSITIONING IN OR OUT OF NSF INDIAN HEAD OR NSF DAHLGREN? CONTACT YOUR NSASP SCHOOL LIAISON OR THE YOUTH CENTER FOR ASSISTANCE!!**

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**Dahlgren Youth Center**  
540-653-8009  
Office: (540) 653-2070  
Cell: 540-413-7287

**Indian Head My Generation**  
Youth Center 301-743-5456

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**HAVE A SAFE, HEALTHY & SUCCESSFUL 2022-23 SCHOOL YEAR!**